



November is National Peanut Butter Lovers Month. Peanut butter can be enjoyed in a granola bar, mixed into yogurt to make a fruit dip or spread on bread for a classic peanut butter sandwich.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MENU SUBJECT TO CHANGE DUE TO AVAILABILITY OF PRODUCT

CHICKEN SANDWICH **1**
REGULAR OR SPICY
POTATO SOUP
PEAS/CARROTS
VEGGIE BAR/MILK

CHEESE PIZZA ON
WHOLE GRAIN CRUST
HOT VEGGIE **2**
VEGGIE BAR/MILK

OVEN FRIED CHICKEN **3**
WHOLE GRAIN ROLL
MASHED POTATOES/GRAVY
GREEN BEANS/VEGGIE BAR
MILK

MEATY STROMBOLI **4**
BROCCOLI
VEGGIE BAR
MILK

HAMBURGER **7**
CHEESEBURGER
FRENCH FRIES
SPINACH/VEGGIE BAR
MILK

NO SCHOOL **8**
ELECTION DAY
CONFERENCE DAY

CHEESE PIZZA ON
WHOLE GRAIN CRUST **9**
HOT VEGGIE
VEGGIE BAR/MILK

8TH GRADE THANKSGIVING
CELEBRATION **10**
HAM/MASHED POTATOES/
GRAVY/GREEN BEANS/ROLL
PUMPKIN PIE

BOSCO STICKS **2**
BROCCOLI
VEGGIE BAR
MILK

WHOLE GRAIN PENNE **14**
PASTA/MEAT SAUCE
MARINARA/BREADSTICK
BROCCOLI/VEGGIE BAR/MILK

CHICKEN BREAST TENDER **15**
W/CHOICE OF SAUCE
EGG ROLL
RICE/STIR FRY VEGETABLES

CHEESE PIZZA ON
WHOLE GRAIN CRUST **16**
HOT VEGGIE
VEGGIE BAR/MILK

MEATBALL SUB **17**
MINI CORN DOGS
CORN/SPINACH
VEGGIE BAR/MILK

GRILLED CHEESE **18**
STEAMED CARROTS
VEGGIE BAR
MILK

BEEF TACO **21**
CHICKEN FAJITA
FLOUR TORTILLA
RICE/REFRIED BEANS
VEGGIE BAR/MILK

CHICKEN AND DUMPLINGS **22**
CHICKEN NUGGETS
OVEN BAKED FRIES/ROLL
VEGGIE BAR/MILK

NO SCHOOL **23**

THANKSGIVING **24**

NO SCHOOL **25**

CHICKEN BREAST **28**
TENDERS
W/CHOICE OF SAUCE
EGG ROLL
RICE/STIR FRY VEGETABLES

OVEN FREE ENERGY **29**
SAVING LUNCH
HAM SUB/TURKEY
SUB/PBJ/CHIPS/DESSERT
VEGGIE BAR/MILK

CHEESE PIZZA ON
WHOLE GRAIN CRUST
HOT VEGGIE **30**
VEGGIE BAR/MILK

